

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2025

The Villa at Suffield Meadows: Assisted Living

Happy New Year!



New Year's Day

<p><b>9:00</b> Daily Chronicle (R) <b>5</b>  <b>10:30</b> Live Sunday Service w/ Chaplain Becky (CR)  <b>2:00</b> "Reagan – Part 2 (2024)" (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>6</b>  <b>10:30</b> Bingo (B)  <b>2:00</b> News Currents Discussion (MT)  <b>3:00</b> Stretching &amp; Relaxation w/ Sandy (WC)  <b>6:00</b> PBS "The National Parks" (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>7</b>  <b>10:30</b> Coffee &amp; Chat w/ Susan (LR)  <b>1:30</b> Crossword Puzzle (AR)  <b>2:00</b> Pet Therapy w/ Poppy (LR)  <b>3:00</b> Sip &amp; Paint (AR)  <b>6:00</b> PBS "Nature" (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>8</b>  <b>9:30</b> Communion &amp; Prayers (B)  <b>11:00</b> Music w/ Shortfall Band (LR)  <b>2:00</b> Book Club (LR)  <b>3:00</b> Strengthen &amp; Meditation w/ Sandy (WC)  <b>4:00</b> Happy Half Hour/Music w/ Adam K. (LR)  <b>6:00</b> PBS "American Experience" (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>2</b>  <b>9:30</b> Happy New Year Scavenger Hunt (C)  <b>1:30</b> Word Games (MT)  <b>2:00</b> Modern Trivia (MT)  <b>3:00</b> Star of the Month (MT)  <b>6:00</b> PBS "NOVA" (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>3</b>  <b>10:30</b> Bingo (B)  <b>1:30</b> Games w/ Karen (CR)  <b>2:00</b> Snowy Social (B)  <b>3:00</b> Journaling w/ Marie (AR)  <b>6:00</b> Friday Night Movie – "Batman &amp; Robin (1997)" (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>4</b>  <b>11:00</b> Piano Tunes w/ Matthew (LR)  <b>2:00</b> The Crown: Season 6 – "Alma Mater" (MT)  <b>3:00</b> Active Adult Exercise w/ Sandy (WC)  <b>5:45</b> "Reagan – Part 1 (2024)" (MT)</p>
<p><b>9:00</b> Daily Chronicle (R) <b>12</b>  <b>9:30</b> McLean Bible Church (MT)  <b>12:30</b> Galaxy Strikes Bowling (O)  <b>2:00</b> Movie &amp; Popcorn – "Breakfast at Tiffany's (1961)" (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>13</b>  <b>10:30</b> Discussion w/ Steve Herholtz (MT)  <b>2:00</b> News Currents Discussion (MT)  <b>3:00</b> Stretching &amp; Relaxation w/ Sandy (WC)  <b>6:00</b> Movie Night w/ Chaplain Becky (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>14</b>  <b>10:30</b> Who Am I? (MT)  <b>1:00</b> Resident Council (CR)  <b>1:30</b> Crossword Puzzle (AR)  <b>2:00</b> Pet Therapy w/ Poppy (LR)  <b>3:00</b> Wine &amp; Design (AR)  <b>6:00</b> PBS "Nature" (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>15</b>  <b>9:30</b> Communion &amp; Prayers (B)  <b>10:30</b> Walmart (O)  <b>2:00</b> "Leonardo Da Vinci – Part 1" (MT)  <b>3:00</b> Strengthen &amp; Meditation w/ Sandy (WC)  <b>4:00</b> Happy Half Hour/Music w/ Joe's Dad (LR)  <b>6:00</b> PBS "American Experience" (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>9</b>  <b>9:30</b> Down the Rabbit Hole Scavenger Hunt (C)  <b>10:30</b> Devotions &amp; Communion w/ Chaplain Becky (MT)  <b>1:30</b> Word Games (MT)  <b>2:00</b> Pet Therapy w/ Cooper (LR)  <b>3:00</b> Music w/ Mike Henry (LR)  <b>6:00</b> PBS "NOVA" (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>10</b>  <b>10:30</b> Bingo (B)  <b>1:30</b> Games w/ Karen (CR)  <b>2:00</b> Five Wishes Presentation (LR)  <b>3:30</b> January Trivia (MT)  <b>6:00</b> Friday Night Movie – "Bewitched (2005)" (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>11</b>  <b>2:00</b> The Crown: Season 6 – "Ritz" (MT)  <b>3:00</b> Active Adult Exercise w/ Sandy (WC)  <b>6:00</b> Movie Night w/ Chaplain Becky (MT)</p>
<p><b>9:00</b> Daily Chronicle (R) <b>19</b>  <b>9:30</b> McLean Bible Church (MT)  <b>2:00</b> Joyful Noise (B)  <b>5:45</b> Movie &amp; Popcorn – "Pretty in Pink (1986)" (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>20</b>  <b>10:30</b> Bingo (B)  <b>11:00</b> Piano Tunes w/ Matthew  <b>2:00</b> News Currents Discussion (MT)  <b>3:00</b> Stretching &amp; Relaxation w/ Sandy (WC)  <b>6:00</b> PBS "The National Parks" (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>21</b>  <b>10:30</b> What Am I? (MT)  <b>1:30</b> Crossword Puzzle (AR)  <b>2:00</b> Pet Therapy w/ Poppy (LR)  <b>3:00</b> Sip &amp; Paint (AR)  <b>6:00</b> PBS "Nature" (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>22</b>  <b>9:30</b> Communion &amp; Prayers (B)  <b>10:30</b> HomeGoods/Dollar Tree (O)  <b>2:00</b> "Leonardo Da Vinci – Part 2" (MT)  <b>3:00</b> Strengthen &amp; Meditation w/ Sandy (WC)  <b>4:00</b> Happy Half Hour (LR)  <b>6:00</b> PBS "American Experience" (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>16</b>  <b>9:30</b> Penguins Scavenger Hunt (C)  <b>9:30</b> Greeting Committee (CR)  <b>10:30</b> Devotions &amp; Communion w/ Chaplain Becky (MT)  <b>1:30</b> Word Games (MT)  <b>2:00</b> Pet Therapy w/ Cooper (LR)  <b>3:00</b> Rosary &amp; Prayers w/ Petey (CR)  <b>6:00</b> PBS "NOVA" (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>17</b>  <b>10:30</b> Bingo (B)  <b>10:30</b> Fauquier County Library (O)  <b>11:00</b> Piano Tunes w/ Matthew (LR)  <b>1:30</b> Games w/ Karen (CR)  <b>2:00</b> Winter Wonderland Social (B)  <b>3:00</b> Alice's Adventures in Wonderland Trivia (MT)  <b>6:00</b> Friday Night Movie – "School of Rock (2003)" (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>18</b>  <b>2:00</b> The Crown: Season 6 – "Hope Street" (MT)  <b>3:00</b> Active Adult Exercise w/ Sandy (WC)  <b>5:45</b> "The Devil Wears Prada (2006)" (MT)</p>
<p><b>9:00</b> Daily Chronicle (R) <b>26</b>  <b>9:30</b> McLean Bible Church (MT)  <b>2:00</b> Music w/ Mardi Gras Kings (LR)  <b>5:45</b> Movie &amp; Popcorn – "Despicable Me (2010)" (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>27</b>  <b>10:30</b> Bingo (B)  <b>2:00</b> News Currents Discussion (MT)  <b>3:00</b> Stretching &amp; Relaxation w/ Sandy (WC)  <b>6:00</b> PBS "The National Parks" (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>28</b>  <b>10:30</b> Where Am I? (MT)  <b>1:30</b> Crossword Puzzle (AR)  <b>2:00</b> Pet Therapy w/ Poppy (LR)  <b>3:00</b> Wine &amp; Design (AR)  <b>6:00</b> PBS "Nature" (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>29</b>  <b>9:30</b> Communion &amp; Prayers (B)  <b>10:30</b> Target (O)  <b>2:00</b> "Leonardo Da Vinci – Part 3" (MT)  <b>3:00</b> Strengthen &amp; Meditation w/ Sandy (WC)  <b>4:00</b> Happy Half Hour (LR)  <b>6:00</b> PBS "American Experience" (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>23</b>  <b>9:30</b> Golden Scavenger Hunt (C)  <b>10:30</b> Devotions &amp; Communion w/ Chaplain Becky (MT)  <b>1:30</b> Word Games (MT)  <b>2:00</b> Pet Therapy w/ Cooper (LR)  <b>6:00</b> PBS "NOVA" (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>24</b>  <b>10:30</b> Bingo (B)  <b>11:00</b> St John's Catholic Mass (CR)  <b>1:30</b> Games w/ Karen (CR)  <b>2:30</b> Monthly Birthday Party (B)  <b>3:30</b> Who Am I? (MT)  <b>6:00</b> Friday Night Movie – "Sunset Boulevard (1950)" (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>25</b>  <b>2:00</b> The Crown: Season 6 – "Sleep, Dearie Sleep" (MT)  <b>3:00</b> Active Adult Exercise w/ Sandy (WC)  <b>5:45</b> "Jumanji (1995)" (MT)</p>
<p><b>9:00</b> Daily Chronicle (R) <b>26</b>  <b>9:30</b> McLean Bible Church (MT)  <b>2:00</b> Music w/ Mardi Gras Kings (LR)  <b>5:45</b> Movie &amp; Popcorn – "Despicable Me (2010)" (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>27</b>  <b>10:30</b> Bingo (B)  <b>2:00</b> News Currents Discussion (MT)  <b>3:00</b> Stretching &amp; Relaxation w/ Sandy (WC)  <b>6:00</b> PBS "The National Parks" (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>28</b>  <b>10:30</b> Where Am I? (MT)  <b>1:30</b> Crossword Puzzle (AR)  <b>2:00</b> Pet Therapy w/ Poppy (LR)  <b>3:00</b> Wine &amp; Design (AR)  <b>6:00</b> PBS "Nature" (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>29</b>  <b>9:30</b> Communion &amp; Prayers (B)  <b>10:30</b> Target (O)  <b>2:00</b> "Leonardo Da Vinci – Part 3" (MT)  <b>3:00</b> Strengthen &amp; Meditation w/ Sandy (WC)  <b>4:00</b> Happy Half Hour (LR)  <b>6:00</b> PBS "American Experience" (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>30</b>  <b>9:30</b> Football Fever Scavenger Hunt (C)  <b>10:30</b> Devotions &amp; Communion w/ Chaplain Becky (MT)  <b>11:00</b> Nashville Standard (LR)  <b>1:30</b> Word Games (MT)  <b>2:00</b> Pet Therapy w/ Cooper (LR)  <b>6:00</b> PBS "NOVA" (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>31</b>  <b>10:30</b> Bingo (B)  <b>1:30</b> Games w/ Karen (CR)  <b>2:00</b> Marshmallow Social (B)  <b>3:00</b> "Leonardo Da Vinci – Part 4" (MT)  <b>6:00</b> Friday Night Movie – "Batman Forever (1995)" (MT)</p>	<p>*Activities subject to change based on circumstances.  O – Outing  MT – Movie Theater  B – Bistro  R – Room  AR – Activity/Art Room  CR – Card Room  LR – Living Room  C- Common Areas  WC – Wellness Center</p>

Activity Professionals Week

Martin Luther King Jr. Day

Australia Day (Observed)

Chinese New Year (Year of the Snake)